

Homemade Granola Bowl

Bowl de granola maison

10 min

Easy

420 kcal per serving

Breakfast

Vegetarian

Kids



Ingredients

FOR ONE SERVING

Organic granola (Granola bio)	60 g
Greek yogurt (Yaourt grec)	150 g
Banana (Banane)	1
Almonds (Amandes)	15 g
Honey (Miel)	1 tbsp

Nutrition facts

PER SERVING

Calories	420
Protein	12 g
Carbohydrates	58 g
Fat	16 g
Fiber	6 g

Preparation

- 1 Slice the banana into thin rounds.
- 2 Add the Greek yogurt to a bowl and spread it out evenly.
- 3 Top with the granola, then arrange the banana slices over the yogurt.
- 4 Sprinkle the almonds on top.
- 5 Drizzle the honey over the bowl just before serving.

GOOD TO KNOW

Add the honey at the end so the granola stays crunchy.